

RED DOG TRIATHLON TRAINING



ATHLETE OF THE MONTH



Congratulations to Shane Kent for being selected as Red Dog's Athlete of the Month for March 2021.

Shane wins this month's award for his outstanding performance at the inaugural ULTRA 355 Fraser Coast. Well done!

A big thank you to our sponsors for donating this month's prizes.

[Read More](#)

RED DOG TRIVIA NIGHT

Are you the brains of Brisbane? Flex your mental muscle at trivia!

When: 7pm Saturday 29 May 2021

Where: Darling and Co

Cost: \$20 per person

RSVP: Join forces with other club members to form a team of 10. Send your team name and members to Trent at reddogtriathlon@optusnet.com.au by Friday 30 April 2021.



RDTT MERCHANDISE

The Champion System [RDTT merchandise store](#) is now open and closes on the 30 April 2021. Now is the time to stock up on winter kit!



APRIL SPONSOR SPECIALS

**Buy 5 get 1
Free!**

Buy any 5 x Pack of Massages (RMT/SNR/ADV)
and get a 6th treatment free!

VALID FOR THIS MONTH ONLY

Call us on 3891 6555 or see us in store

*Red Dog Members or Ambassadors Only, Not to be used with any other discount or offer *



**Red Dog members
visit Shoes, Feet, Gear
for 20% off RRP on
all Mizuno product**

Terms & Conditions: This discount entitles Red Dog members to 20% off full price Mizuno footwear at Shoes, Feet, Gear and is not valid with any other offer or sale. To redeem this offer, please show your membership card or details to staff.

Red Dog has developed a number of strategic partnerships with product and service providers that directly benefit members with a range of discounts and special promotions.

Taking advantage of these offers helps Red Dog further develop these relationships and negotiate even better benefits for members in the future.

Please support our sponsors where possible and provide feedback on your experiences to ensure they continue to deliver quality products and services to our members.

UPCOMING RACES

Port Macquarie Ironman and 70.3 – 2 May 2021
Byron Bay Triathlon – 8 May 2021
Moreton Bay Triathlon – 9 May 2021
Cairns Ironman and 70.3 – 6 Jun 2021

BLAST FROM THE PAST



[AOTM September 2017 Jessica Parnwell](#)

RESULTS

[The latest time trial and Tuff Laps rankings](#) are now available.

The results show your best time over the last 12 months and are maintained for active RDTT members only.

[Best ever time trial results](#) since Red Dog commenced in 2008 are also available.
See who is the Top Dog in each discipline!

RED DOG SOCIAL MEDIA

Do you follow the club on Instagram and Facebook yet?

Check out the club's pages for all the best photos from events, training and races!

Click on the links to follow! [Facebook](#) [Instagram](#)

If you have RDTT photos to share, please send to nikitaporth1@gmail.com and get yourself featured on social media!

YOUR DETAILS

To update your contact details, please [email us](#) or do it [online](#).
You can view our privacy policy [here](#).
