



RED DOG TRIATHLON TRAINING

2021 Results Summary

Mooloolaba Triathlon - Standard - Mooloolaba, QLD - 14/03/2021

Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
James Hammond	1:58:37	7	MOPEN	0:22:19	01:22	0:57:19	01:09	0:36:27
Dominic Churchett	2:00:09	1	M25-29	0:20:23	01:04	0:58:27	00:50	0:39:22
Briarna Silk	2:11:11	4	FOPEN	0:21:50	01:17	1:06:13	00:59	0:40:50
Guy Constant	2:12:04	11	M35-39	0:28:03	01:20	1:00:29	01:16	0:40:53
Alana Hewish	2:12:26	1	F25-29	0:22:59	01:18	1:04:00	01:00	0:43:08
Luke Skelton	2:13:13	9	M40-44	0:24:31	01:52	1:05:31	01:33	0:39:44
Hedda Cooper	2:13:19	2	F25-29	0:23:45	01:10	1:04:35	00:54	0:42:54
Jack Morton	2:13:54	18	M30-34	0:21:53	01:10	1:06:17	01:04	0:43:28
Rosie Mcgeoch	2:14:44	1	F45-49	0:23:04	01:26	1:02:59	01:23	0:45:50
Glenn Torepe	2:15:37	3	M50-54	0:22:34	01:28	1:04:33	01:41	0:45:19
Matthew Gallagher	2:19:36	4	MLegends	0:28:08	02:16	1:04:21	01:12	0:43:37
Alison Ryan	2:19:57	2	F40-44	0:25:26	01:46	1:06:55	01:30	0:44:19
Eric Stephen Leach	2:19:59	6	M50-54	0:28:04	01:25	1:05:16	01:14	0:43:59
Guy Walters	2:20:21	27	M35-39	0:24:50	02:03	1:05:54	02:14	0:45:19
Trevor Brown	2:20:34	3	M55-59	0:25:59	01:37	1:05:32	01:19	0:46:05
Toshitaka Ishihara	2:21:35	17	M45-49	0:28:17	01:47	1:06:51	01:47	0:42:52
Tom Hansen	2:26:48	31	M20-24	0:25:51	01:37	1:06:23	02:26	0:50:30
Marc Nickels	2:27:17	23	M45-49	0:30:14	01:35	1:10:48	02:25	0:42:12
Jackie Phillips	2:27:22	8	F35-39	0:22:59	01:29	1:10:42	01:16	0:50:54
Mark Kitson	2:27:24	17	M50-54	0:23:52	01:40	1:05:21	01:48	0:54:41
Tom Heffernan	2:27:32	34	M30-34	0:25:42	01:44	1:06:54	01:45	0:51:25
David Vandas	2:28:22	40	M30-34	0:27:54	02:22	1:07:31	01:20	0:49:12
Allan Bieber	2:28:24	4	M60-64	0:29:00	01:25	1:04:18	01:24	0:52:16
Tim Davis	2:29:02	35	M20-24	0:23:13	02:16	1:07:47	01:46	0:53:58
Neil Cowan	2:29:17	33	M40-44	0:27:40	01:34	1:06:40	01:43	0:51:40
John Slater	2:29:42	35	M40-44	0:23:02	01:53	1:06:02	03:07	0:55:37
Scotty Cooper	2:30:46	27	M50-54	0:24:54	02:55	1:08:13	01:41	0:53:01
Darren Hinds	2:30:51	13	M55-59	0:25:23	02:28	1:07:30	02:38	0:52:50
Ian Butler	2:30:53	10	MLegends	0:26:02	02:05	1:09:43	01:30	0:51:31
Constantine Dasios	2:30:57	15	M55-59	0:28:48	02:11	1:06:15	01:50	0:51:53
Mark Wayper	2:31:53	46	M40-44	0:25:51	01:42	1:11:13	01:55	0:51:10
David Pritchard	2:32:13	20	M55-59	0:25:36	01:35	1:08:40	01:53	0:54:27
Chris Barram	2:32:16	48	M40-44	0:27:11	01:45	1:09:34	01:26	0:52:19
Morgan Farley	2:32:20	18	F25-29	0:22:07	01:28	1:12:06	02:38	0:53:59
Trent Patten	2:32:30	45	M25-29	0:28:56	01:43	1:05:31	02:30	0:53:48
Kris Colley	2:32:47	47	M25-29	0:29:24	02:02	1:07:33	01:42	0:52:04
Andrew Cosgrave	2:32:55	32	M50-54	0:23:29	01:34	1:09:47	02:52	0:55:10
Kirsten Cowan	2:32:56	4	F45-49	0:28:59	02:12	1:10:49	02:06	0:48:47
Steve Mann	2:32:56	7	M60-64	0:26:28	01:57	1:08:46	02:08	0:53:34
Rupert Macknight	2:33:13	13	MLegends	0:27:30	01:32	1:12:10	01:41	0:50:19
Tony Cowan	2:33:28	33	M50-54	0:23:42	01:23	1:10:04	01:27	0:56:51
Darrell Crimson	2:34:00	34	M50-54	0:28:39	01:25	1:04:39	01:46	0:57:29
Caleb Gunn	2:34:40	66	M35-39	0:27:06	03:00	1:07:29	02:51	0:54:13
Fiona Lawrence	2:34:55	6	F45-49	0:28:19	01:24	1:10:32	01:47	0:52:50

r	2:34:56	15	MLegends	0:27:36	01:37	1:11:16	01:43	0:52:41
Brad Windram	2:35:00	54	M30-34	0:27:32	02:00	1:16:19	01:16	0:47:52
Peter Kent	2:36:30	46	M45-49	0:29:40	01:21	1:11:46	01:21	0:52:20
Rachel Jones	2:37:33	13	F40-44	0:31:44	01:52	1:10:31	01:54	0:51:31
Matt Pattison	2:37:40	76	M35-39	0:26:05	02:04	1:08:10	01:48	0:59:31
Michael Kearney	2:38:45	16	MPrMates	0:23:32	01:58	1:10:40	02:05	1:00:28
Eddie Leathers	2:39:34	51	M50-54	0:28:08	02:23	1:14:55	01:42	0:52:24
Richard Jefferies	2:39:50	81	M35-39	0:26:16	02:43	1:12:27	02:01	0:56:20
Andrew Haymet	2:41:10	74	M30-34	0:30:18	02:01	1:13:57	01:27	0:53:25
Chris Stainer	2:43:41	61	M50-54	0:28:35	01:42	1:15:57	02:09	0:55:16
Geoff Kennedy	2:45:38	71	M45-49	0:31:30	01:20	1:11:15	02:21	0:59:10
Robert Day	2:45:58	24	MLegends	0:29:30	02:45	1:12:58	02:15	0:58:28
Ryan McMahon	2:45:58	93	M25-29	0:34:45	02:44	1:13:39	01:44	0:53:05
Sara Moser	2:47:19	21	F45-49	0:28:43	01:29	1:13:56	02:20	1:00:49
James Frith	2:47:25	34	MMates	0:34:00	02:24	1:08:58	02:11	0:59:50
Ben Coombs	2:50:41	121	M35-39	0:32:37	02:38	1:27:43	01:48	0:45:52
Jaqueline Gravesande	2:51:34	8	F50-54	0:34:57	03:35	1:16:57	02:51	0:53:12
Claire Schneider	2:51:37	7	FPrMates	0:30:29	02:48	1:17:10	02:19	0:58:49
Fin Whish	2:52:18	58	M20-24	0:30:51	03:09	1:18:30	01:53	0:57:53
Tyron Mandrusiak	2:53:04	28	MLegends	0:27:52	01:17	1:17:11	01:46	1:04:56
Christian Ortiz	2:54:07	121	M25-29	0:36:44	02:38	1:23:22	02:29	0:48:52
Mark Forward	2:54:33	56	M55-59	0:31:05	02:53	1:19:30	02:25	0:58:39
Kylie Anderson	2:54:46	30	F45-49	0:26:32	02:06	1:15:08	02:52	1:08:06
Alicia Newman	2:54:49	31	F45-49	0:30:17	02:35	1:18:03	02:15	1:01:37
Evelyn Best	2:56:03	9	FPrMates	0:35:36	01:58	1:22:34	02:20	0:53:33
Tim Case	2:56:12	45	MPrMates	0:29:18	02:35	1:17:10	02:46	1:04:21
Simon Nash	2:56:38	107	M40-44	0:29:54	03:19	1:31:23	02:05	0:49:55
Ian Hogg	2:56:39	138	M35-39	0:29:45	04:20	1:17:56	02:58	1:01:39
Joshua Strickland	2:57:39	144	M35-39	0:31:10	02:40	1:11:52	02:28	1:09:27
Tanya Moltoni	2:58:43	37	F45-49	0:33:00	01:56	1:19:47	01:51	1:02:08
William Fairman	2:59:21	137	M25-29	0:28:59	02:17	1:13:53	01:59	1:12:11
Rex McCormack	3:00:37	6	M65-69	0:31:43	03:31	1:17:39	02:02	1:05:40
Nikki White	3:00:53	3	FATH	0:32:27	01:51	1:17:50	02:01	1:06:41
Dominic White	3:02:46	115	M45-49	0:28:11	02:16	1:17:06	03:42	1:11:28
Gisela Brittain	3:04:09	53	F40-44	0:27:29	02:01	1:23:48	02:54	1:07:54
Paul Bond	3:07:11	93	M50-54	0:34:00	02:51	1:18:11	02:36	1:09:31
Emma Thomas	3:09:01	3	FLegends	0:32:41	02:25	1:19:33	03:32	1:10:48
Ellen Wayland	3:13:16	59	F35-39	0:29:38	01:50	1:25:23	03:15	1:13:08
Dean Bloomer	3:15:16	28	MCD-90-99	0:38:49	03:15	1:18:28	02:48	1:11:54
Andrea Taft	3:17:07	5	FLegends	0:37:14	02:37	1:25:18	02:14	1:09:42
Krishna Gandhi	3:24:24	139	M45-49	0:38:24	06:59	1:20:09	05:33	1:13:17
Harry Hardy	3:30:57	90	MMates	0:32:10	03:50	1:29:18	03:21	1:22:16
Shelley Marriott	3:34:01	12	FATH	0:36:51	03:02	1:26:34	05:16	1:22:16
Michaela Shea	3:39:52	32	F50-54	0:39:16	04:59	1:41:36	03:27	1:10:31
Nick Higgins	3:44:39	82	M20-24	0:28:19	04:35	1:45:20	04:02	1:22:21
Graeme Wood	3:55:51	11	M70-74	0:50:02	03:38	1:34:35	05:21	1:22:13
Matthew Pollock	2:34:41	DQ	M25-29	0:25:38	01:47	1:07:18	01:43	0:58:14
Melanie Cowan	DNF	DNF	F40-44	0:25:29	02:24	1:15:46	01:56	
Daniel Friend	DNF	DNF	MPrMates	0:28:32	02:10			
Brodie James	DNF	DNF	M30-34	0:29:48	01:45	1:14:45	02:13	0:46:37
Mooloolaba Triathlon - Sprint (Non-Drafting) - Mooloolaba, QLD - 14/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run

Kelly Penfold	1:14:37	1	F30-34	0:12:14	01:20	0:37:27	01:19	0:22:15
Wayne Saultry	1:20:48	9	M50-54	0:12:17	01:22	0:39:56	01:47	0:25:24
Renee Bidwell	1:21:52	3	F35-39	0:13:58	01:24	0:39:51	01:24	0:25:13
Aisling Ryan	1:25:33	6	F30-34	0:14:09	02:55	0:40:51	02:34	0:25:02
Janine Wilson	1:28:02	6	F45-49	0:12:33	02:17	0:44:01	01:24	0:27:46
Holly Hitchener	1:30:39	9	F20-24	0:16:37	02:25	0:44:18	01:42	0:25:35
Stuart Howard	1:36:24	36	M25-29	0:16:13	03:04	0:48:53	02:19	0:25:53
Jacqueline Bell	1:38:02	18	F30-34	0:16:13	02:27	0:48:02	02:05	0:29:14
Mooloolaba Triathlon - Sprint (Draft Legal) - Mooloolaba, QLD - 14/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Jesus Eduardo Gomez Rojas	1:04:55	2	M35-39	0:10:56	01:23	0:32:59	01:01	0:18:34
Nathaniel Grant	1:07:41	3	M35-39	0:12:43	01:19	0:32:18	01:24	0:19:55
QTS Race 5 - Olympic Distance - Robina, QLD - 7/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Jackie Phillips	2:21:15	2	F35-39	0:22:21		1:11:58		0:46:55
Eric Stephen Leach	2:22:34	4	M50-54	0:27:18		1:11:01		0:44:14
Peter Richards	2:29:32	4	M60-64	0:28:12		1:11:23		0:49:57
Paul Bond	2:45:41	9	M50-54	0:35:32		1:16:58		0:53:10
QTS Race 5 - Sprint Distance - Robina, QLD - 7/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Alison Ryan	1:17:07	1	F40-44	0:13:06		0:41:59		0:22:01
Tyron Mandrusiak	1:27:38	9	M45-49	0:14:43		0:46:01		0:26:53
Ian Fabian	1:27:48	3	M55-59	0:20:45		0:44:23		0:22:40
Sean Tuckett	1:29:26	11	M45-49	0:17:58		0:46:35		0:24:53
Mark Carter	1:41:49	6	M40-44	0:17:33		0:51:57		0:32:19
Angela Bucci	1:43:50	2	F55-59	0:17:30		0:53:55		0:32:23
Graeme Wood	2:05:51	2	M70-74	0:27:13		1:00:19		0:38:17
QTS Race 5 - Enticer - Robina, QLD - 7/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Liam Meade	0:34:10	14	MU14	0:05:23		0:18:24		0:10:23
Jason Mckenzie	0:37:25	19	MU14	0:07:08		0:18:17		0:11:59
QTS Race 5 - Kool Kids - Robina, QLD - 7/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Billy Court	0:12:30	9	M7-9y	0:02:39		0:07:53		0:01:57
Tweed Enduro - Pottsville, NSW - 6/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Steve Ledger	4:07:23	5	M35-39	0:22:49		0:22:49		1:27:37
Brett Jenkins	4:10:54	1	M45-49	0:20:28		0:20:28		1:29:09
Ryan Hammond	4:18:29	6	M35-39	0:20:30		0:20:30		1:34:32
Neill King	4:18:52	3	M50-54	0:21:20		0:21:20		1:36:43
Glenn Torepe	4:24:57	5	M50-54	0:19:23		0:19:23		1:39:48
Guy Walters	4:32:27	14	M35-39	0:20:16		0:20:16		1:39:05
Mathew Thompson	4:35:42	16	M30-34	0:20:30		2:30:14		1:44:57
Courtney Le Lay	4:40:37	3	F30-34	0:22:05		0:22:05		1:53:58
Dirk Baas	5:05:39	26	M50-54	0:23:21		0:23:21		1:56:07
Jeanine Mitchell	5:08:49	1	F50-54	0:24:26		0:24:26		1:52:53
Fiona Lawrence	5:11:03	7	F45-49	0:22:13		0:22:13		2:02:04
Catherine Mercer	5:13:10	4	F35-39	0:23:56		0:23:56		1:49:07
Reeny Jurczynsyn	5:13:42	10	F40-44	0:22:42		0:22:42		1:58:06
Deepali Kaur	5:15:42	8	F30-34	0:27:10		0:27:10		1:48:30

Mike Addison	5:20:08	39	M45-49	0:22:33		0:22:33		2:17:40
Tanya Brewer	5:20:52	1	F1stTimers	0:23:48		0:23:48		1:52:12
Charlotte Knowlman	5:53:16	6	F55-59	0:22:46		0:22:46		2:27:11
Lisa Wright	5:58:34	19	F45-49	0:29:37		0:29:37		2:22:17
Lee Mathers	RACE	DISCONT	M40-44	0:26:36		0:26:36		1:59:24
Tweed Enduro - Sprint - Pottsville, NSW - 6/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Ross Mcrae	1:35:52	13	M55-59	0:51:16		0:29:48		1:35:52
Kym Clayton	1:40:28	6	M60-64	0:52:11		0:33:29		1:40:28
Jason Currie	DNF	DNF	M35-39					DNF
Tweed Enduro - Aquabike - Pottsville, NSW - 6/03/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Allan Bieber	2:52:11	19	Overall	2:29:26		2:29:26		
Liz Young	3:02:21	30	Overall	2:40:17		2:40:17		
Ultra355 - Hervey Bay,QLD - 27/02-1/03/2021								
Name	Time	Cat Pos	Category	5km Swim	T1	100/200km Bike	T2	50km Run
Shane Kent: Day 1	4:03:46	3	Overall	1:06:39	01:50	2:55:13		
Shane Kent: Day2	5:57:12	2	Overall			5:57:10		
Shane Kent: Day3	4:11:51	1	Overall					4:11:51
Shane Kent: Overall	14:12:49	2	Overall	1:06:39	01:50	8:52:23		4:11:51
QTS Race 7 - Olympic Distance - Raby Bay, QLD - 28/02/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
James Hammond	1:12:01	3	MOpen	0:12:28		0:39:20		0:20:12
Eric Stephen Leach	1:23:12	4	M50-54	0:14:54		0:42:47		0:25:30
Alison Ryan	1:23:59	3	F40-44	0:13:42		0:45:03		0:25:14
Jackie Phillips	1:26:49	3	F35-39	0:12:39		0:47:21		0:26:47
Steve Mann	1:30:31	4	M60-64	0:14:58		0:47:08		0:28:24
Skye Howie	1:30:36	1	F50-54	0:16:08		0:47:27		0:27:00
Allyson Lindsay	1:31:50	2	F45-49	0:15:39		0:48:11		0:27:59
Sean Tuckett	1:36:35	16	M45-49	0:18:07		0:49:33		0:28:55
Chris Stainer	1:39:59	15	M50-54	0:16:12		0:57:44		0:26:02
Mark Carter	1:49:23	28	M40-44	0:16:30		0:53:28		0:39:25
QTS Race 7 - Sprint Distance - Raby Bay, QLD - 28/02/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Lance Davis	1:03:30	4	M55-59	0:07:24		0:33:41		0:22:24
Angela Bucci	1:06:14	3	F55-59	0:07:20		0:35:23		0:23:31
Christian Kohl	1:07:43	13	MMates Wave	0:07:02		0:35:14		0:25:26
Peter McMahan	1:14:15	1	M70-74	0:08:49		0:38:12		0:27:13
QTS Race 7 - Enticer - Raby Bay, QLD - 28/02/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Liam Meade	0:23:08	7	MU14	0:03:22		0:11:49		0:07:56
Jason Mckenzie	0:26:34	21	MU14	0:04:42		0:13:16		0:08:36
QTS Race 6 - Sprint Distance - Caloundra, QLD - 7/02/2021								
Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Alison Ryan	1:11:24	3	F40-44	0:13:12		0:35:46		0:22:26
Marc Nickels	1:11:41	12	M45-49	0:15:31		0:36:13		0:19:57
Eric Stephen Leach	1:11:50	5	M50-54	0:15:12		0:34:53		0:21:44

Jackie Phillips	1:14:32	2	F35-39	0:12:17	0:38:01	0:24:15
Duncan Inkster	1:16:23	9	M55-59	0:13:03	0:38:13	0:25:07
Christopher Perry	1:18:50	20	M30-34	0:15:24	0:37:39	0:25:47
Simon Bowen	1:19:47	19	M45-49	0:15:58	0:38:59	0:24:50
Christopher Assaf	1:22:39	24	M30-34	0:16:40	0:39:12	0:26:47
Robert Day	1:22:56	13	M55-59	0:15:30	0:40:01	0:27:25
Keith Hungerford	1:31:24	33	M45-49	0:16:04	0:41:52	0:33:28
Lance Davis	1:31:46	25	M55-59	0:17:21	0:42:38	0:31:46
Emma Thomas	1:34:18	11	F50-54	0:17:49	0:42:40	0:33:49
Angela Bucci	1:35:46	5	F55-59	0:18:06	0:46:20	0:31:20
Mark Carter	1:45:07	34	M40-44	0:18:00	0:52:29	0:34:38

QTS Race 6 - Enticer - Caloundra, QLD - 7/02/2021

Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Jason Mckenzie	0:40:07	26	MU14	0:07:56		0:22:05		0:10:06

Hell of the West - Goondiwindi, QLD - 7/02/2021

Name	Time	Cat Pos	Category	Swim	T1	Bike	T2	Run
Kieran Storch	3:34:43	4	MOpen	0:28:42	02:18	1:51:13	01:13	1:11:15
Team Team Landy	3:45:49	1	Mixed Team	0:31:28	03:07	1:52:52	00:51	1:17:29
Dominic Churchett	4:01:38	8	MOpen	0:30:27	02:16	2:05:17	01:15	1:22:21
Shane Kent	4:10:27	3	M40-44	0:36:49	03:10	2:03:35	01:28	1:25:22
Rosie Mcgeoch	4:11:04	1	F45-49	0:30:58	02:37	2:04:01	01:18	1:32:08
Team Red Nuts	4:11:54	2	Mix_Team	0:31:33	02:53	2:04:16	00:52	1:32:18
Damien Thompson	4:12:08	4	M40-44	0:37:25	02:58	1:59:21	02:17	1:30:06
Glenn Torepe	4:19:24	2	M50-54	0:30:41	03:43	2:06:25	03:03	1:35:30
Chris Seaton	4:19:34	5	M30-34	0:37:24	03:48	2:04:26	02:09	1:31:45
Team Red Dog Trio	4:23:37	2	F_Team	0:30:28	03:03	2:10:02	00:50	1:39:11
Tristan Taylor	4:24:47	7	M35-39	0:34:08	02:48	2:00:11	02:29	1:45:09
Cath Collis	4:25:06	3	F45-49	0:32:53	03:08	2:16:18	01:19	1:31:27
Neill King	4:26:07	5	M50-54	0:35:14	03:19	2:09:14	01:59	1:36:19
Courtenay Henrys	4:34:22	2	F30-34	0:34:41	03:00	2:27:27	01:21	1:27:51
Matthew Gallagher	4:34:25	12	M45-49	0:39:02	04:00	2:08:24	02:43	1:40:14
Tom Hansen	4:36:45	3	M20-24	0:34:15	02:59	2:15:45	02:38	1:41:06
Chris Ritchie	4:41:53	6	M25-29	0:30:11	03:48	2:31:41	02:29	1:33:42
Craig Simpson	4:44:06	18	M45-49	0:34:14	03:49	2:14:43	02:44	1:48:35
Vincent Schoupe	4:48:53	15	M35-39	0:46:27	03:02	2:12:23	02:24	1:44:34
Courtney Lelay	4:50:36	4	F30-34	0:38:41	03:16	2:15:42	02:15	1:50:41
Timur Zhumazhan	4:52:51	17	M35-39	0:43:48	03:59	2:24:01	02:14	1:38:48
Team Red Dog Brettos	4:53:10	5	Masters 40+	0:33:48	03:26	2:22:17	01:06	1:52:33
Fiona Lawrence	4:53:18	4	F45-49	0:40:19	03:19	2:21:07	01:39	1:46:52
Matt Mosey	4:54:31	16	M30-34	0:30:31	03:53	2:25:49	03:28	1:50:48
Liz Sachs	5:05:16	3	F20-24	0:43:11	04:15	2:35:00	03:03	1:39:46
Team Rockdogs	5:05:53	5	M_Team	0:38:06	04:09	2:10:55	01:15	2:11:25
Steve Mann	5:06:17	1	M60-64	0:40:23	04:49	2:24:50	03:29	1:52:44
Andrew Cosgrave	5:06:59	12	M50-54	0:32:54	03:45	2:21:37	05:16	2:03:25
Ian Fabian	5:07:45	9	M55-59	0:55:39	04:55	2:23:28	02:37	1:41:04
Rachel Jones	5:08:40	8	F40-44	0:45:10	03:44	2:29:19	02:11	1:48:13
Team #SEENBETTERDAYS	5:12:26	9	Masters 40+	0:39:38	04:01	2:46:56	01:11	1:40:38
Glenn Buswell	5:16:27	28	M40-44	0:40:41	03:34	2:19:36	03:20	2:09:15
Andrew Smith	5:18:36	32	M45-49	0:37:28	04:04	2:25:04	03:08	2:08:48
Team Red Dog Jas	5:29:02	11	F_Team	0:41:41	03:36	2:47:49	01:12	1:54:41

Paul Bond	5:53:46	18	M50-54	0:49:36	03:58	2:45:10	02:26	2:12:34
Gisela Brittain	6:18:07	14	F40-44	0:37:52	05:41	2:59:52	04:37	2:30:03
Andrea Taft	6:23:06	8	F35-39	0:50:55	05:08	2:54:32	04:02	2:28:27
Ross Mcrae	6:38:22	16	M55-59	0:57:48	08:16	2:57:52	06:32	2:27:51
Kym Clayton	7:10:56	7	M60-64	1:04:20	10:05	3:06:30	09:28	2:40:30
Steve Ledger	DQ	DQ	M35-39	0:45:49	03:54	1:55:16	02:26	
Sarah Richmond	DNF	DNF	F45-49	0:40:43	03:40	2:12:53	01:44	
Tom Heffernan	DNF	DNF	M30-34	0:37:54	03:13	2:31:50		
Team Red Dog Hold The Bus	DNF	DNF	Mix_Team	0:43:04	04:16	2:29:06	01:16	
Chris Brittain	DNF	DNF	M40-44	0:37:14	05:03	2:40:02		