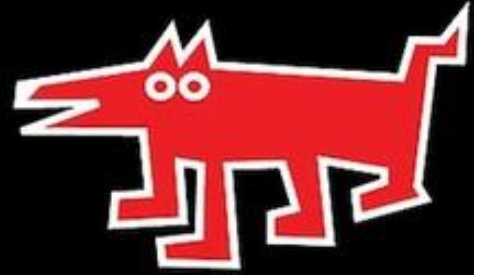
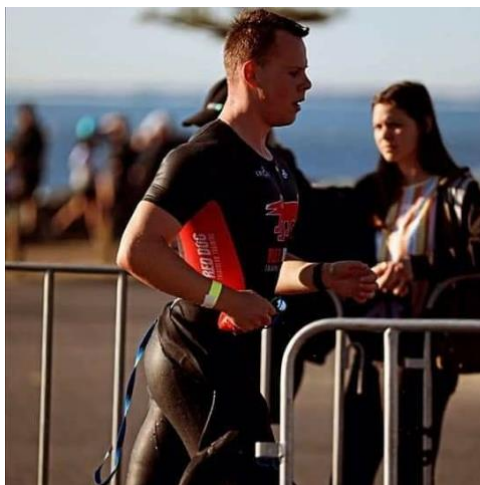


RED DOG TRIATHLON TRAINING



ATHLETE OF THE MONTH



Congratulations to Tom Hansen on being selected as Red Dog's Athlete of the Month for October 2020.

Tom wins this month's award for his commitment to training. Well done!

A big thank you to [RHP Physiotherapy](#), [No More Knots Massage Therapy](#), [Newbridge Financial Services](#) and [Finis](#) for donating this month's prizes

[Read More](#)

RDTT MERCHANDISE STORE OPEN



Merchandise orders are open until 14 November on the Champ-Sys Team Store. Please login using your existing details or set up a new account using the login RTT and password RTT.

Please click [here](#) to place your order.

CHRISTMAS TIMETABLE CHANGES

RDTT will be operating on a reduced timetable from 14 December 2020 to 17 January 2021.

The timetable will be posted to Facebook and in the December newsletter.

NOVEMBER SPONSOR SPECIAL



Red Dog has developed a number of strategic partnerships with product and service providers that directly benefit members with a range of discounts and special promotions.

Taking advantage of these offers helps Red Dog further develop these relationships and negotiate even better benefits for members in the future.

Please support our sponsors where possible and provide feedback on your experiences to ensure they continue to deliver quality products and services to our members.

T-SHIRTS FOR RABY BAY RUMBLERS

Newbridge

FINANCIAL SERVICES

Newbridge has partnered with RDTT to provide members competing in the [Raby Bay Rumble](#) with a free branded T-shirt. Please email Richard Jeffries at ri@nbfs.com.au with your shirt size by 14 November.



MEN'S Sizes	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest (cm)	49.5	52	54.5	57	59.5	62	67	72	78	83
LADIES' Sizes	L6	L8	L10	L12	L14	L16	L18	L20	L22	L24
Chest (cm)	41	43.5	46	48.5	50.5	53	55.5	58	61	63.5
KIDS' Sizes	2Y	3Y	4Y	6Y	8Y	10Y	12Y	14Y		
Chest (cm)	26.5	30	34.5	37	39.5	42	44.5	47		

DATE CLAIMERS

RDTT Birthday Party 530-830pm Saturday 7 November at Yeronga Park Pool

Open Water Swim – 8am 14 November Enoggera Reservoir

RDTT Christmas drinks from 2pm Sunday 13 December at Darling & Co

UPCOMING RACES

Raby Bay Rumble – 13 December ([enter](#) asap in the Red Dog Mates Wave)

Hell of the West - 7 February 2021

Tweed Enduro – 6 March 2021

Ironman Australia and 70.3 Port Macquarie – 2 May 2021

BLAST FROM THE PAST



[AOTM May 2017 Isabella Marles](#)

RESULTS

[The latest time trial and Tuff Laps rankings](#) are now available.

The results show your best time over the last 12 months and are maintained for active RDTT members only.

[Best ever time trial results](#) since Red Dog commenced in 2008 are also available.
See who is the Top Dog in each discipline!

RED DOG SOCIAL MEDIA

Do you follow the club on Instagram and Facebook yet?

Check out the club's pages for all the best photos from events, training and races!

Click on the links to follow! [Facebook](#) [Instagram](#)

If you have RDTT photos to share, please send to nikitaporth1@gmail.com and get yourself featured on social media!

YOUR DETAILS

To update your contact details, please [email us](#) or do it [online](#).
You can view our privacy policy [here](#).
