

RED DOG TRIATHLON TRAINING



ATHLETE OF THE MONTH



Congratulations to Courtenay Henrys for being selected as Red Dog's Athlete of the Month for February 2021.

Courtenay wins this month's award for her outstanding performance at Hell of the West. After getting a flat and changing her tyre, Courtenay showed great composure in moving past this set-back and ran herself into second place. Well done!

A big thank you to our sponsors for donating this month's prizes.

[Read More](#)

RDTT MERCHANDISE

The Champion System [RDTT merchandise store](#) is now open and closes on the 14 March. Now is the time to stock up on winter kit!

FEBRUARY SPONSOR SPECIALS



[Blueseventy](#) are offering RDTT members 20% off RRP when using the discount code REDDOG20

Support Red Dog Triathlon Training

Download the Australian Venue Co. app to pay on mobile, earn rewards and access exclusive offers at more than 60 venues Australia-wide. Start spending with the app and your organisation will be rewarded.

How to Join

Simply download the app & enter "REDDOG" in the voucher code tab of the main menu

Rewards & Benefits

\$10 Welcome credit for all new members

10% off at Darling & Co

Earn 10 points for every \$1 spent on the app

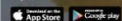
Earn 2000 points and convert for \$20 credit

Every dollar you spend helps to support Red Dog Triathlon Training!



Scan me to download the App today!

<https://www.australianvenueco.com.au/the-avc-app/>



Don't forget to enter the code "REDDOG"

DARLING & CO

Australian Venue Co.



Australian Venue Co.

Red Dog has developed a number of strategic partnerships with product and service providers that directly benefit members with a range of discounts and special promotions.

Taking advantage of these offers helps Red Dog further develop these relationships and negotiate even better benefits for members in the future.

Please support our sponsors where possible and provide feedback on your experiences to ensure they continue to deliver quality products and services to our members.

FOOTY TIPPING

Red Dog members only footy tipping is back! \$20 per competition - please place cash in an envelope with your name and competition on it and give it to Trent before Round 2. Registration links will be provided shortly.



SESSION CHANGES

Lunch squad at the Valley Pool will return to the published timetable this month. Any adjustments will be communicated via Facebook as required.

DATE CLAIMERS

20 March – RDTT Race Day at Eagle Farm
29 May – Trivia Night at Darling and Co

UPCOMING RACES

Tweed Enduro – 6 Mar 2021
Mooloolaba Triathlon – 14 Mar 2021
Port Macquarie Ironman and 70.3 – 2 May 2021
Byron Bay Triathlon – 8 May 2021
Moreton Bay Triathlon – 9 May 2021
Cairns Ironman and 70.3 – 6 Jun 2021

BLAST FROM THE PAST



[AOTM September 2017 Darrell Crimson](#)

RESULTS

[The latest time trial and Tuff Laps rankings](#) are now available.

The results show your best time over the last 12 months and are maintained for active RDTT members only.

[Best ever time trial results](#) since Red Dog commenced in 2008 are also available.
See who is the Top Dog in each discipline!

RED DOG SOCIAL MEDIA

Do you follow the club on Instagram and Facebook yet?

Check out the club's pages for all the best photos from events, training and races!

Click on the links to follow! [Facebook](#) [Instagram](#)

If you have RDTT photos to share, please send to nikitaporth1@gmail.com and get yourself featured on social media!

YOUR DETAILS

To update your contact details, please [email us](#) or do it [online](#).
You can view our privacy policy [here](#).
