

MAY 22

RED DOG TRIATHLON TRAINING



ATHLETE OF THE MONTH

Congratulations to Gabby Copp for being selected as Red Dog's Athlete of the Month for April 2022.

Gabby wins this month's award for her performance at Hell of the West and commitment to training for Ironman Cairns. Well done!

A big thank you to our sponsors for donating this month's prizes.

[Read More](#)

SESSION UPDATES

Bike/Run sessions at UQ

6am Sunday 8 May 2022

6am Sunday May 2022

UPCOMING RACES

Moreton Bay Triathlon – 15 May 2022

Cairns Ironman and 70.3 – 12 June 2022

Sunshine Coast 70.3 – 11 September 2022

SPONSOR SPECIAL



30% OFF all services
during May
(excluding parts)

ENTERTAINMENT BOOK MOTHERS DAY SPECIAL

We are fundraising with
 Entertainment

CELEBRATE A MONTH OF MUM BECAUSE...
Every mum deserves more!

Get a **BONUS**
\$20 or **\$40**
eGift Card*



Support us, buy an
Entertainment Membership and get a
BONUS \$20 or \$40 eGift Card!*

[SUPPORT US & BUY NOW](#)

Red Dog has developed a number of strategic partnerships with product and service providers that directly benefit members with a range of discounts and special promotions.

Taking advantage of these offers helps Red Dog further develop these relationships and negotiate even better benefits for members in the future.

Please support our sponsors where possible and provide feedback on your experiences to ensure they continue to deliver quality products and services to our members.

RDTT MERCHANDISE STORE OPEN



Merchandise orders are open now and close at the end of the month on the Champ-Sys Team Store. Please login using your existing details or set up a new account using the login RTT and password RTT.

Please click [here](#) to place your order.

BLAST FROM THE PAST



[AOTM December 2018 Alicia Newman](#)

RDTT PRIVATE FACEBOOK PAGE

RDTT has a 'Members Only' Facebook page to communicate member specific information such as training instructions during COVID-19 lockdowns.

To join, click on the link below, noting you need to be a current RDTT member to be granted access.

<https://www.facebook.com/groups/reddegtriathlontrainingmembersonly/>

RED DOG SOCIAL MEDIA

Do you follow the club on Instagram and Facebook yet?

Check out the club's pages for all the best photos from events, training and races!

Click on the links to follow! [Facebook](#) [Instagram](#)

If you have RDTT photos to share, please send to reddogtriathlon@optusnet.com.au and get yourself featured on social media!

YOUR DETAILS

To update your contact details, please [email us](#) or do it [online](#).

You can view our privacy policy [here](#).
