

RED DOG TRIATHLON TRAINING



ATHLETE OF THE MONTH



Congratulations to Charlie Nathan for being selected as Red Dog's Athlete of the Month for June 2022.

Charlie wins this month's award for his performance at Ironman Cairns and qualifying for The Ironman World Championships in Kona. Well done!

A big thank you to our sponsors for donating this month's prizes.

[Read More](#)

FEE CHANGES

Please note the following fee changes effective 1 July 2022

10 session bulk pass \$99
20 session bulk pass \$198

DATE CLAIMER

Annual RDTT Straddie Ride
6 August 2022



UPCOMING RACES

Wellcamp Airport Duathlon – 30 July 2022
Sunshine Coast 70.3 – 11 September 2022
Noosa Triathlon – 30 October 2022

PRIVATE LESSONS: SKILL DEVELOPMENT

Winter is a great time to focus on improving a weakness.

Contact Trent or Cath for private lessons in skill development across swim, bike and run.



SPONSOR SPECIAL

Download the Australian Venue Co app to receive \$10 Welcome Credit and 10% off all purchases at all Australian Venue Co venues. Earn 10 points for every \$1 spent on the app and earn 2000 points to convert to \$20 credit. Every dollar spent accrues credits to RDTT which helps fund the annual Christmas Party!

Support Red Dog Triathlon Training

Download the Australian Venue Co. app to pay on mobile, earn rewards and access exclusive offers at more than 60 venues Australia-wide. Start spending with the app and your organisation will be rewarded.

How to Join
Simply download the app & enter "REDDOG" in the voucher code tab of the main menu

Rewards & Benefits

- \$10 Welcome credit for all new members*
- 10% off at ALL AVC VENUES
- Earn 10 points for every \$1 spent on the app
- Earn 2000 points and convert for \$20 credit

Every dollar you spend helps to support Red Dog Triathlon Training!

Scan me to download the App today!
<https://www.australianvenueco.com.au/the-avc-app/>

Don't forget to enter the code "REDDOG"

Australian Venue Co. RED DOG TRIATHLON TRAINING

Red Dog has developed a number of strategic partnerships with product and service providers that directly benefit members with a range of discounts and special promotions.

Taking advantage of these offers helps Red Dog further develop these relationships and negotiate even better benefits for members in the future.

Please support our sponsors where possible and provide feedback on your experiences to ensure they continue to deliver quality products and services to our members.

RDTT MERCHANDISE STORE OPEN



Merchandise orders are open now and close at the end of the month on the Champ-Sys Team Store. Please login using your existing details or set up a new account using the login RTT and password RTT.

Please click [here](#) to place your order.

BLAST FROM THE PAST



[AOTM February 2019 Mel Newton](#)

RDTT PRIVATE FACEBOOK PAGE

RDTT has a 'Members Only' Facebook page to communicate member specific information such as training instructions during COVID-19 lockdowns.

To join, click on the link below, noting you need to be a current RDTT member to be granted access.

<https://www.facebook.com/groups/reddegtriathlontrainingmembersonly/>

RED DOG SOCIAL MEDIA

Do you follow the club on Instagram and Facebook yet?

Check out the club's pages for all the best photos from events, training and races!

Click on the links to follow! [Facebook](#) [Instagram](#)

If you have RDTT photos to share, please send to reddogtriathlon@optusnet.com.au and get yourself featured on social media!

YOUR DETAILS

To update your contact details, please [email us](#) or do it [online](#).

You can view our privacy policy [here](#).
